OxCAP-MH (Child)

		YES	Sort of	NO
2	I can play/hang out with friends			
3	I get too worried to sleep			
4	I can do stuff I think is fun			
5	I like where I live			
6	I feel safe at school			
7	Somebody will probably discriminate against me			
8	Somebody will probably beat me up or hurt me			
9	<i>I get to help make decisions that affect me</i>			
10	I can say what I think about things			
11	I get to play outside/enjoy nature			
12	I like the people I'm around			
13	I have love, friends, and support			
15	I get to be creative			

<u>Triggers</u>

Coping skills

Goal today